



# Walk-in Crisis Center

Woodridge Hospital, first built in 1985, provides mental health and co-occurring substance use disorder services for adults, adolescents and children ages 6 and older. Woodridge psychiatrists and advanced practice providers lead a team of professionals that includes behavioral health therapists and expressive therapists, a psychiatric nursing team and discharge planners, who will help coordinate follow up care post discharge.

To address the growing need for behavioral health services, Woodridge Hospital opened a walk-in crisis center in late 2022. The center is located at the hospital's main entrance and is open 24/7. It features a triage room, nursing station and eight evaluation rooms. The goal of the walk-in crisis center is to promptly treat patients experiencing a behavioral health crisis and efficiently disposition them to the level of care most appropriate for their needs.

## Woodridge Hospital walk-in crisis center

Mental health is just as important as your physical health. Ballad Health has developed a system of behavioral health services that give you and your loved ones the tools you can use to enjoy a more satisfying, productive life.

### **When to seek care at the walk-in crisis center:**

- When experiencing suicidal ideation or a preoccupation with suicide
- When experiencing homicidal ideation
- During acute psychosis
- When experiencing auditory and/or visual hallucinations
- When experiencing extreme mental or emotional crises
- Depression and anxiety lasting longer than 2 weeks

### **Please note the walk-in crisis center does not treat the following conditions:**

- Any medical emergency related to the physical body
- Patients who are detoxing and likely need additional medical care

Call the Respond helpline — any day, any time  
**1.800.366.1132**

We're here to listen.

### **Woodridge Hospital**

403 N. State of Franklin Road  
Johnson City, TN 37604  
tel 423.431.7111

