

Behavioral Health Outpatient Services

Ballad Health Medical Associates Behavioral Health provides you and your family with confidential mental health treatment through our outpatient services.

Our services:

- Couples therapy
- Employee assistance program
- Family sessions
- Individual treatment
- Intensive outpatient therapy
- Medication management
- Telehealth

Our team provides outpatient behavioral and mental health assessments, treatments and referrals. Often, individuals and their dependents seek the following services or reasons for treatment below.

- ADHD/ADD testing
- Adolescent counseling for peer pressure/bullying
- Anxiety
- Behavioral conduct/CBT
- Bipolar disorder
- Children and divorce
- Conflict resolution
- Depression
- Divorce counseling
- Emotional eating
- Eye Movement Desensitization and Reprocessing (EDMR) trauma therapy
- Grief counseling
- Parent/child conflicts
- Post-traumatic stress disorder (PTSD)
- Pre-marital and marital counseling
- Stress and meditation techniques
- Workplace stressors

Behavioral Health Outpatient Services

Johnson City

525 N State of Franklin Road, Suite 9
Johnson City, TN 37604
tel 423.302.3480
fax 423.722.3009

Kingsport

2204 Pavilion Drive, Suite 107
Kingsport, TN 37660
tel 423.343.1442
fax 423.343.1445

Greeneville

438 East Vann Road, Suite 202
Greeneville, TN 37743
tel 423.636.0491
fax 423.636.2425

Rogersville

948 West Broadway St.
Rogersville, TN 37857
tel 423.921.7150
fax 423.461.7642

Big Stone Gap

1980 Holton Ave., Suite 103
Big Stone Gap, VA 24219
tel 276.524.8100
fax 276.524.8109

Confidential

All contact with the Ballad Health Medical Associates Behavioral Health Outpatient Services representatives is strictly confidential. Representatives may not reveal the identity of those who call or the nature of the problems to Ballad Health or anyone else without specific written consent.



Medical Associates